

Ultimate Meaningful Living

Live a Life Meaningful to YOU!!



NEWSLETTER:
November 2012

Trauma, suffering or frustration can bring your life's growth, values and strengths!
You are a Unique Human Being with Unique Life Circumstances.

Perseverance Pays!

Six Steps to Success

- Persevere until you someday are recognized for the work that you do.
- Continue to be the very best you are, every day.
- Touch your work as only you can.
- Sign it off with your stamp of excellence.
- Be proud of what you stand for and what is yours to offer your world.
- Have no doubts as to the quality of your work at all times.

Your congratulations for Leadership Dimensions turning 10 years mature last month has been further blessed in huge recognition:- Dr before my name!

Wow, what an exciting time it has been. My new business cards have been flying out of here and the recognition from my peers, clients and associates has been so heart-warming. Thank you to each of you for your encouragement.

Even this form of change requires adjustment. When people address me as Doc it still seems surreal. All those years of study, application and poverty have turned around now as being so very worthwhile.

THO - Traditional Healers Organisation is the professional registration board that has provided me with a practice number and

One on One
Counseling /
Coaching

Training and

Speaker Events

bestowed on me this new title of Dr. Dr in what you may ask - Dr in Alternative Medicine.

It all goes back to my passion to find natural, easily available and safe ways to address life circumstances of pain, frustration and suffering.

- It is all about change and how we equip ourselves to take on change or to create change
- It is all about how we can use the difficulties to become better people
- It is all about how we align ourselves to life, being a part of life and yet going beyond it, seeing the bigger picture, even the intangible of what could be.

My travels around the world have allowed me access to so many different modalities and approaches. My three focuses have paid off so much so that I now am able to work with:

- Adults and children
- Across cultures, gender, race and circumstance
- Individuals, business and professionals

These 30 years of researching, implementing and teaching have now paid back in the form of recognition. It has taken much. Was it worth it? Yes it was. Persevere, be the best you can be and never let anyone tell you that you can't. Your time is just around the corner.

How to find Meaning in Suffering

Psychology of VIKTOR FRANKL'S Logotherapy -
Meaning and Purpose of Life &
Existential Analysis

What You Will Learn:
How to Find Meaning in Suffering

Workshops:

Trauma

Transformation

Transcendence

Trauma

- Finding Meaning in your Suffering
- Balance of Life
- Attunement to Life Energy

Transformation:

- Stress Used and Managed
- Present Yourself Better
- Living Beyond "Triple X" Mascara
- Living into Your Genius
- True-Self

Transcendence

Recommended for:

Psychologists, Teachers, Coaches, Counselors, Social Workers
Executives, Line managers, HR

Why:

Deepen your Encounters with Yourself & those you Serve

Find Meaning and Purpose in Conflict & Pain

Assist your Clients, Patients & Students to find
Fulfillment in Life

Explore Ultimate Meaningful Living for Yourself and Others

This is a nine session Programme over two months

When:

2013 February:

Wed 06, Thurs 07, Wed 13, Thurs 14, Wed 27, Thurs 28

2013 March

Wed 06, Thurs 07 and Wed 13

Catch up session - optional - Thurs 14

Where:

Le Domaine, 100 Acutts Drive, Hillcrest, Kzn, South Africa
(Also available on Webinar - please contact me for details and
link)

Time:

09h00 to 12h30

Investment Options

a) Full Pre-Payment R6000

b) Deposit of R4000 and Payment of R3000 on first day

c) Full Payment on first day R8000

Deposit:

Barbara Johnson t/a Leadership Dimensions

NEDBANK Acct: 1984 495 844

Code: 198405

PayPal available

Reference:

Your Surname/VFLOGOFeb2013/and either On-site or
Webinar

- Creative Cycles of Living
- Stillness
- Destiny
- Ultimate Meaningful Living

See
Article 3
below:

How to Repeat the
Fabulous of 2012

*Attract more of
What has Worked for
You
in 2012
into
2013*

Payment confirmation:

bj@leadershipdimensions.co.za

Have with You:

Journal, File, Exam pad an Colour Pens

There will be assignments to complete and feedback sessions.

For those who are unable to make all the workshops, notes provided and a catch up session: 14 March 2013 starting at 9 until 12.30 at Le Domaine.

This highly interactive workshop is about Frankl, You and Your Clients. It will shift your understanding of therapy, philosophy and approach towards a deeper understanding of unique clients in unique life circumstances. This programme is highly personal and enriching and is in fact evolutionising the way we work with people.

Presented by KZN South Africa's only Logotherapist - Dr Barbara Johnson - Registered with Viktor Frankl Institutes SA, Europe and USA

Registration Form

Name:

Prof Reg Body and Practice No:

Contact Details:

Landline: Email:

Cell:

Postal Details:

How did you hear about this Programme?

What name would you like on your name tag?

Registration processed only with Proof of Payment

Bank Deposits and EFTs to:

Barbara Johnson t/a Leadership Dimensions

Bank: Nedbank Bank Code: 198405

Account No: 1984 495 844

People- Development

Personal & Professional

Contact:
Barbara Johnson

+27(0)82 784 7656

+27 (0)82 871 0843

+27 (0)31 716 8226

See

[Website](#)

for

Reference: Surname and VFLogoFEB2013/
and indicate On-site or Webinar

I declare that all the particulars by me on this form are true and correct.

I undertake to comply with the rules, regulations and decisions are applicable.

I undertake to protect the copyright of Leadership Dimensions.

Student's
signature.....Date.....
.....

Articles and Talk Shows

"Better People, not in spite of, but because of, the very circumstances that they found themselves in"
Viktor Frankl

How to Repeat the Fabulous of 2012

*Attract more of what has worked for you
in 2012 into 2013*

Learn how to:

- work with Acknowledgement
- shift energy to achieve more of what has worked for you
- re-adjust what has not worked for you
- start living elements of Ultimate Meaningful Living on a daily basis
- start creating a direction in your life that brings you more joy, peace and accomplishments

Recommended for:

- those who want to have a better year next year
- those looking to refresh their attitudes, belief systems and creativity
- those wanting to be inspired and gratitude back in to daily living

When: Thursday December 06 2012 - 09h00 to 12h30

Where: Le Domaine, 100 Acutts Drive, Hillcrest, Kzn, SA

Investment Options:

- a) Full Pre-Payment R500
- b) Deposit of R300 and Payment of R300 on day
- c) Full Payment of R750 on day

Deposit: Barbara Johnson t/a Leadership Dimensions
Nedbank / Account 1984 495 844 / Bank Code 198405

Reference: Your Surname and Fabulous

Payment Confirmation to:
bj@leadershipdimensions.co.za

Bring with you:

- o Journal
- o Colour pens
- o 2 Magazines
- o 2012 Diary
- o 2013 Diary

Email me with Subject Line: FABULOUS 2012 / 2013 for
Registration Form.

Contact Information

Dr Barbara Johnson

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Website: www.leadershipdimensions.co.za

Cell: 082 784 7656 Landline: 031 716 8226 or Bbm 082 871 0843

Skype: Barbara.Johnson48

Blog: <http://UltimateMeaningfulLiving.blogspot.com>



Gifting YOU with 3 People-Development Tools!!! See below.....

Gifting YOU with 3 People-Development Tools:

- 1 Business Mentor:
<http://australiasbusinessmentor.com/leadershipdimensions>
- 2 Webinars:

<http://vcp3.videocontrolpanel.net/?meeting=6696507>

Email me re meeting opening time -

Subject line: Webinar OPEN Meeting Date and Time

3 How to create more Referrals:

bj@leadershipdimensions.co.za

Ultimate Meaningful Living brings about the best in all of us.

Chat to me about your process.

Heart warm wishes, Barbara Johnson

Save 30%

Earn 30% discounted voucher for yourself and company:

Forward www.leadershipdimensions.co.za to Professional Associations:
eg Psychologists, Social Workers, Teachers, Nursing, Counselors,
Coaches, HR.

Email referral with subject line: Newsletter Referral Nov 2012,
to bj@leadershipdimensions.co.za .
Provide the contact details of the correct person to contact.

Offer Expires: End February 2013