

Subject: Ultimate Meaningful Living - Newsletter December 2012

Ultimate Meaningful Living

Live a Life Meaningful to YOU!!



**NEWSLETTER:
December 2012**

Trauma, suffering or frustration can bring your life's growth, values and strengths!
You are a Unique Human Being with Unique Life Circumstances.



A Christmas to Remember

Gratitude's energetic frequency is even faster than that of love.

Gratitude is about what you are thankful for and for what you are willing to return as a kindness.

Make this a Christmas to remember by cultivating your Gratitude Attitude in your everyday living.

This new habit will transform you and even transcend you.

Bless yourself, your loved ones and humanity through your Gratitude Attitude.

One on One
Counseling /
Coaching

Training and
Speaker Events

Workshops:

Trauma-Release

Transformation

Thank you for being a part of my 2012.

Thank you for being a part of my life.

Barbara Johnson
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How to find Meaning in Suffering

Psychology of VIKTOR FRANKL'S
Logotherapy -
Meaning and Purpose of Life &
Existential Analysis

What You Will Learn:

How to Find Meaning in Suffering

Recommended for:

Psychologists, Teachers, Coaches, Counselors, Social
Workers

Executives, Line managers, HR

Why:

Deepen your Encounters with Yourself & those you
Serve

Find Meaning and Purpose in Conflict & Pain

Assist your Clients, Patients & Students to find
Fulfillment in Life

Explore Ultimate Meaningful Living for Yourself and
Others

This is a nine session Programme over two months

When:

2013 February:

Transcendence

Trauma-Release

- Finding Meaning in your Suffering
- Balance of Life
- Attunement to Life Energy

Transformation

- Stress Used and Managed
- Present Yourself Better
- Living Beyond "Triple X" Maschera
- Living into Your Genius
- True-Self

Wed 06, Thurs 07, Wed 13, Thurs 14, Wed 27, Thurs 28

2013 March

Wed 06, Thurs 07 and Wed 13
Catch up session - optional - Thurs 14

Where:

Le Domaine, 100 Acutts Drive, Hillcrest, Kzn, South Africa
(Also available on Webinar - please contact me for details and link)

Time:

09h00 to 12h30

Investment Options

- a) Full Pre-Payment R6000
- b) Deposit of R4000 and Payment of R3000 on first day
- c) Full Payment on first day R8000

Deposit:

Barbara Johnson t/a Leadership Dimensions
NEDBANK Acct: 1984 495 844
Code: 198405
PayPal available

Reference:

Your Surname/VFLOGOFeb2013/and either On-site or Webinar

Payment confirmation:

bj@leadershipdimensions.co.za

Have with You:

Journal, File, Exam pad an Colour Pens

There will be assignments to complete and feedback sessions.

For those who are unable to make all the workshops, notes provided and a catch up session: 14 March 2013 starting at 9 until 12.30 at Le Domaine.

This highly interactive workshop is about Frankl, You and Your Clients. It will shift your understanding of therapy, philosophy and approach towards a deeper

Transcendence

- Creative Cycles of Living
- Stillness
- Destiny
- Ultimate Meaningful Living

People- Development

Personal & Professional

understanding of unique clients in unique life circumstances. This programme is highly personal and enriching and is in fact evolutionising the way we work with people.

Presented by KZN South Africa's only Logotherapist - Dr Barbara Johnson - Registered with Viktor Frankl Institutes SA, Europe and USA

Registration Form

Name:

Prof Reg Body and Practice No:

Contact Details:

Landline:

Email:

Cell:

Postal Details:

How did you hear about this Programme?
What name would you like on your name tag?

Registration processed only with Proof of Payment

Bank Deposits and EFTs to:
Barbara Johnson t/a Leadership Dimensions
Bank: Nedbank Bank Code: 198405
Account No: 1984 495 844

Reference: Surname and VFLogoFEB2013/
and indicate On-site or Webinar

I declare that all the particulars by me on this form are true and correct.

I undertake to comply with the rules, regulations and decisions are applicable.

I undertake to protect the copyright of Leadership Dimensions.

Student's
signature.....Date.....
.....

Contact:
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See

[Website](#)

for

Articles

and

Talk Shows

"Better People, not in spite of, but because of, the very

Co-Create a Fabulous 2013

*Add Meaning, Purpose and
Fulfillment to*

2013

Learn how to:

- work with Acknowledgement
- shift energy to achieve more
- re-adjust energy
- start living elements of Ultimate Meaningful Living on a daily basis
- start creating a direction in your life that brings you more joy, peace and accomplishments

Recommended for:

- those who want to have a better year next year
- those looking to revise their attitudes, belief systems and creativity
- those wanting to be inspired and bring gratitude back in to daily living

When: Thursday 10 January - 09h00 to 12h30

Where: Le Domaine, 100 Acutts Drive, Hillcrest, Kzn, SA

Investment Options:

- a) Full Pre-Payment R750
- b) Deposit of R400 and Payment of R400
on
day
- c) Full Payment of R900 on day

Deposit: Barbara Johnson t/a Leadership Dimensions
Nedbank / Account 1984 495 844 / Bank
Code 198405

Reference: Your Surname and Fabulous2013

Payment Confirmation to:

bj@leadershipdimensions.co.za

Bring with you:

- Journal
- Colour pens

circumstances that they
found themselves in"
Viktor Frankl

- 2 Magazines
- 2012 Diary
- 2013 Diary

Email me with Subject Line: FABULOUS2013 for Registration Form.

Contact Information

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Skype: Barbara.Johnson48

Blog: <http://UltimateMeaningfulLiving.blogspot.com>



Giftting YOU with 3 People-Development Tools!!! See below.....

Giftting YOU with 3 People-Development Tools:

1 Business Mentor:

<http://australiasbusinessmentor.com/leadershipdimensions>

2 Webinars:

<http://vcp3.videocontrolpanel.net/?meeting=6696507>

Email me re meeting opening date and time -

Subject line: Webinar OPEN Meeting Date and Time

3 How to create more Referrals:

bj@leadershipdimensions.co.za

Ultimate Meaningful Living brings about the best in all of us.

Chat to me about your process.

Heart warm wishes, Barbara Johnson

Save 30%

Earn 30% discounted voucher for yourself and company:

Forward www.leadershipdimensions.co.za to Professional Associations:
eg Psychologists, Social Workers, Teachers, Nursing, Counselors,
Coaches, HR.

Email referral with subject line: Newsletter Referral Nov 2012,
to bj@leadershipdimensions.co.za .

Provide the contact details of the correct person to contact.

Offer Expires: End February 2013

